

The Dunes at Dam Neck

The Dunes at Dam Neck offers you a one-stop-shop for your recreation needs. Visit our Welcome Center for more information on Tickets & Travel, Outdoor Equipment Rentals, Picnics and Dam Neck Cottages.

Tickets & Travel / Rec Lodging Office

Discounted tickets services for tours, shows, concerts, sporting events, museums and theme parks. Consultants are available for American Forces Travel - the official leisure travel website for MWR.

LOCAL ATTRACTIONS:

- Busch Gardens
- Kings Dominion
- Water Country USA
- Ocean Breeze
- VA Aquarium & Marine Science Center / Adventure Park
- Water Park
- iFly Virginia Beach
- Norfolk Tides & more!

OTHER TICKET OFFICE ATTRACTIONS:

- Universal Studios
- Sea World
- Walt Disney World
- Six Flags America
- Lego Land
- Medieval Times

GO CARDS

The Cottages at Dam Neck

A Navy Recreational Lodging destination offering beach living at affordable prices. The cottages are just a short walk away from Dam Neck Beach. All cottages feature fully equipped kitchens with full size refrigerator & oven, a washer & dryer, clean linens, cable, Wi-Fi and much more!

- Book cottages on weekly basis during the summer months and two-night minimum stay during the off season
- Two to three bedroom cottages available
- ADA compliant units

The Dunes Wagon Beach Equipment Rental

is located right on Dam Neck Beach.

We've got your beach needs covered.

- Chairs
- Umbrellas
- Boogie Boards
- Kayaks
- Paddle Boards and more!



Dam Neck MWR Oasis

432 Sparrow Street, Bldg. 521 | Virginia Beach, VA 23461

COMMUNITY RECREATION: 757-492-7357

SINGLE SAILOR/MARINE PROGRAM: 757-492-4018/6806

HOURS OF OPERATION:

MONDAY TO THURSDAY

2 to 9 p.m.

FRIDAY

1 to 10 p.m.

SATURDAY

10 a.m. to 10 p.m.

SUNDAY

10 a.m. to 9 p.m.

The Dunes at Dam Neck

1828 Regulus Avenue, Bldg. 180 | Virginia Beach, VA 23461

FRONT DESK: 757-492-7053

WINTER HOURS OF OPERATION:

Mid-September to Mid-May

OPEN DAILY

9 a.m. to 5 p.m.

CLOSED on federal holidays

SUMMER HOURS OF OPERATION:

Mid-May to Mid-September

MONDAY TO FRIDAY:

9 a.m. - 5 p.m.

SATURDAY & SUNDAY:

9 a.m. to 7 p.m.

OPEN on all federal holidays



American Forces TravelSM

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American Forces Travel is the official leisure travel website for Morale, Welfare and Recreation (MWR).



TEXT DN FUN
TO 888-697-6762



NavyLifeDN.com

Facebook: @nasodnmwr Instagram: @nasoceana

No Navy endorsement implied.

DAM NECK ANNEX |
COMMUNITY RECREATION &
SINGLE SAILOR/MARINE PROGRAMS

MWR OASIS

& The Dunes at Dam Neck

Liberty

Community
Recreation

Tickets &
Travel

Outdoor
Rentals



Single Sailor/Marine PROGRAM

Bored on base and need something to do?

Discover new leisure interests, computer access, gaming tournaments, billiards, movies, social activities, trips and recreational outings. The best part is most of these activities are either FREE or low cost for E-1 through E-6, age 18 or older.

- Leisure skill development programs (rock climbing, hiking, cooking, kayaking, paddle boarding, etc.)
- Trips and outings to various leisure and recreational destinations
- Shuttle services for shopping, beaches and festivals
- In-house Liberty programming (movie nights, tournaments, barracks bashes, trivia nights, DIY nights, etc.)
- Watch-parties for major sporting events
- Holiday events and gatherings

Amenities

- Internet desktops & laptops with CAC readers
- Printing, faxing & scanning
- Wi-Fi
- Billiards (pool) tables
- Ping pong tables
- Air hockey
- Lounge areas
- Xbox One, Xbox Series X, PS4, PS5 & Wii
- Mini-movie theater (reclining stadium seats) with over 700 HD movies to choose from
- State-of-the-art theater surround sound
- HD TVs



Shuttle Services

The Dam Neck Oasis provides off-base shuttles weekly to local area shopping and leisure locations.

DESTINATIONS INCLUDE:

- Lynnhaven Mall & Movie Theater
- Norfolk Premium Outlets
- Red Mill Commons Shopping Center
- NAS Oceana NEX & Commissary
- NAS Oceana Aerotheater
- Virginia Beach Oceanfront & Festivals

Specialty Shuttle Services

The Dam Neck Oasis offers specialty shuttle services to specific requested destinations. For more information about large group shuttles or to arrange a shuttle, please see the Dam Neck Oasis front desk staff or call 757-492-4018/6806.



Stop by the Oasis front desk to check the shuttle schedule and to sign up for your next outing!

Community Recreation PROGRAMS

Located inside the Dam Neck Oasis



What is the Community Recreation program?

Events and programming include (but are not limited to) day trips to various leisure and recreational destinations to encourage community discovery, creative expression programs (such as art and entertainment activities.), Community Recreation also offers facilitated healthy leisure skill development such as classes, workshops and clinics; all while fostering social interaction among peers and the community.

The Community Recreation program engages patrons by providing recreational programs and services in the areas of:

- Outdoor recreation
- Community events
- Discount tickets to attractions
- Vacation bookings
- Leisure skills development
- Recreation equipment rentals
- Lodging rentals at Dam Neck Cottages
- Parks & picnic areas
- Information and referral to a variety of recreational offerings in the local area.

Eligibility

Eligible Community Recreation patrons include active duty military and their families, Reservists, retirees, DoD civilians and DoD contractors.

